



## **For Life As A Human Regular Contributors How to Submit Your Work for Publication**

Please enter your posts directly into the [Life As A Human Author Submission Form](http://lifeasahuman.com/laah-author/) (<http://lifeasahuman.com/laah-author/>). You can post as many articles in a row as you like. Your submissions will be queued up for publishing as soon as possible.

Make sure you include all of the following information (there is an example submission below):

1. The title of the article.
2. The article itself. Please proofread and spell-check your articles before submitting them to us.
3. Any hyperlinks you want included should be listed within the article next to the word you want hyper-linked. See the example in the sample submission.
4. Pictures you would like to show with the article. Please be sure they are original works, Creative Commons, or that you have written permission from the artist to use the works. At the end of your article, include the source of the photos including copyright & hyperlinks. Please see the example at the end of the Sample Submission.

Limit the photo sizes to a maximum of 1024 pixels in width but try to send us pics that are at least 600 pixels in width. You may include a maximum of two pictures per article. Please note that we reserve the right to use different images. Maximum file size of 1MB per image.

5. Image Title. The Image Title will be used for the mouse over (hover) and is also used by the search engines to better index your work. See the example below after the sample submission.
6. Custom Title. The Custom Title should be different than the article title. See the example below after the sample submission. This is important for Search Engine Optimization.
7. Article Description. A short description of the article (maximum 160 characters). This is important for Search Engine Optimization. See the example below after the sample submission.



8. Keywords. A list of words that search engines might key in on. This is important for Search Engine Optimization.
9. Attribution. Please be sure that if you quote someone, you give proper attribution within the article for the author and source of the quote.
10. Previously Published? If the article has been previously published and/or is currently published elsewhere, please provide the link to the original article.

## Sample Submission

### Humbled By An Angel

Recently, I was reading part two of an article that I appreciated by Bob Burg (<http://www.burg.com/about-bob/>) titled, To Have A Body (<http://ow.ly/4ywUY>). In it, he discusses how too often as humans we judge others by their appearance, like judging a book by its cover. Bob's article brought back a memory I would like to share with you.

First, a little bit about where I was and what I was doing at that point in my life.

I was feeling great and probably a little too smug. It was 1990 and I had just won the national Strategic Account Executive of the Year award for Toshiba. My career was in overdrive and everything was going my way. The local university had asked if I would take part in a technology show by setting up a booth to display the latest laptop computers and talk about the future of the industry. At the time, Toshiba had the most innovative products on the market and had the lion's share of that marketplace...

To see how this article would look published, please visit:

<http://lifeasahuman.com/2010/mind-spirit/inspirational/humbled-by-an-angel/>

### Photo Credits

Angel © chrisholtphotos

<http://www.chrisholtphotos.com/>

Photo Title: Angel at Porte Sante Cemetery, Florence by Chris Holt

Quasar © NASA - Public Domain -

[http://en.wikipedia.org/wiki/File:Black\\_hole\\_quasar\\_NASA.jpg](http://en.wikipedia.org/wiki/File:Black_hole_quasar_NASA.jpg)

Photo Title: An artist's impression of a growing quasar.

Toshiba T1200XE © unknown

Photo Title: This is what she was interested in. Small and light enough for her application, it was a real hot seller back then!



**Custom Title:**

“Don’t judge people by their external appearances”

**Article Description:**

As we move through our lives, we meet people that we sometimes judge too quickly. I believe some of these people are angels sent to teach us valuable lessons.

**Keywords:**

Humbled, beautiful mind, angel, angels, quadriplegic, wheelchair, ego, smug, conscience, grace, dignity, judging a book by its cover

## **After Your Article Is Published**

You will receive an e-mail from us as soon as your article is published.

Your article will be:

- Mentioned in multiple Twitter streams.
- Teased on our facebook fan page.
- ‘Thumbed-up’ at StumbleUpon.
- Mentioned in other sharing platforms like Digg, Reddit, Buzz etc.
- Syndicated through our RSS feeds.
- Included in our weekly digest email.

**Promote Your Article!**

- To maximize your articles exposure, if you use any or all of the above-mentioned services, it’s a great idea for you to spend a few minutes promoting your article.
- If you maintain your own e-mail distribution list, be sure to include it there also.
- If you have your own blog, remember to tease it there as well. A good example of this is: <http://www.schmutzie.com/weblog/2010/5/14/me-at-lifrasahumancom-oh-to-be-a-drunk-methuselah.html>
- Be sure to check your articles regularly for comments and engage your readers. Doing so will increase your page views and lead to more readers.